

Offering Choices Fidelity Checklist

Rationale: An antecedent-based intervention used to reduce problem behavior and increase motivation to participate. This intervention is commonly used with students escaping task/activities and is beneficial for preventing power struggles and increasing compliance.

Step	Did I complete this step?
Preparation:	
1. Ensure student has prerequisite skills for choice making.	YES/NO
2. Identify the behavior you want to increase/decrease.	YES/NO
3. Determine choices that might be imbedded within instructional activities. Consider the student's preferred items/materials/activities. Discrete choices (specific options) are best.	YES/NO
4. Ensure that choices given have equal value. Any choice made by the student will allow the teacher to accomplish their goal for the lesson. (i.e. goal is for student to write spelling words, choice of writing utensil or type of paper can be given)	YES/NO
5. Determine whether or not visuals (i.e., picture cards, choice boards, etc.) are needed.	YES/NO
6. Make any needed visual supports that may be needed to facilitate teaching and use of choice making.	YES/NO
Teaching:	
7. Use verbal, physical, or visual prompts to encourage active engagement in the choice making.	YES/NO

Implementation:	
8. Give choice prior to occurrence of the target behavior. Choice may be embedded into the initial instruction. The teacher could say, "It is time for writing. Do you want to write in marker, pencil, or crayon today?"	YES/NO
9. If needed, provide verbal or physical prompt(s) by indicating the options or leading the student's hand to the choices.	YES/NO
10. Provide praise, positive feedback for making a Choice, and access to chosen activity/item/etc.	YES/NO
11. Collect data to evaluate the procedure.	YES/NO
Responses _____/_____	
Percentages of Yes_____	

Resources:

Geiger, Carr, & LeBlanc. (2010). Function-Based Treatments for Escape-Maintained Problem Behavior: A Treatment-Selection Model for Practicing Behavior Analysts. *Behavior Analysis in Practice*, 3(1), 22-32. Published online Spring 2010. doi: [10.1007/BF03391755](https://doi.org/10.1007/BF03391755)

Target: Texas Guide for Effective Teaching: Choice Making. Retrieved from: <https://www.gvsu.edu/cms4/asset/64CB422A-ED08-43F0-F795CA9DE364B6BE/choicemaking.pdf>