

Noncontingent Reinforcement Fidelity Checklist

Rationale: An antecedent-based intervention where you deliver the reinforcer for the target behavior on a time-based schedule in order to reduce the student's need to engage in the target behavior to access the reinforcer.

Step	Did I complete this step?
Preparation:	
1. Determine the function of the target behavior.	YES/NO
2. Determine the amount of time that typically passes between the end of one instance of the target behavior and the beginning of the next instance of the target behavior.	YES/NO
3. Determine a time-based schedule for delivering the reinforcer for the target behavior. The reinforcer should be delivered more often than the amount of time that typically passes between occurrences of target behaviors. * You can deliver the reinforcer on a fixed-time schedule (always after the same set amount of time - ex. every 5 minutes). * You can deliver the reinforcer on a variable-time schedule (after various amounts of time pass that average to a set amount of time - ex. 4 minutes, 2 minutes 3 minutes, 6 minutes, 1 minute that averages to 5 minutes).	YES/NO
Implementation:	
4. Ignore/Do not respond to occurrences of the problem behavior.	YES/NO
5. Deliver the reinforcer according to the time schedule identified. Use something that cues you to deliver the reinforcement at the correct time interval (e.g., a vibrating alarm on a cell phone or a timer).	YES/NO
6. If the target behavior occurs at the end of the interval and it is time to deliver the reinforcer, you might wait a short time (ex. 30 seconds) to deliver the reinforcer so you do not inadvertently reinforce the target behavior.	YES/NO
7. After the target behavior has decreased, gradually increase the amount of time between each delivery of the reinforcer.	YES/NO
Responses _____ / _____	
Percentages of Yes _____	

Resources:

Flaute, A. J., Peterson, S. M., Van Norman, R. K., Riffle, T., & Eakins, A. (2005). Motivate me! 20 tips for using a MotivAider® for improving your classroom. TEACHING Exceptional Children Plus, 2(2) Article 3. Retrieved from <http://files.eric.ed.gov/fulltext/EJ966535.pdf>

Tucker, M., Sigafoos, J., & Bushell, H. (1998). Use of noncontingent reinforcement in the treatment of challenging behavior: A review and clinical guide. Behavior Modification, 22, 529-547.