High Probability Request Fidelity Checklist

Rationale: High-probability request sequence is a nonaversive intervention commonly used to treat noncompliance by reducing escape-motivated behavior.

Step	Did I complete this step?
Preparation:	
 Identify the need for intervention. Does the student repeatedly lack compliance to adult requests? Does the student refuse to engage in certain activities? Does the student have difficulty transitioning between activities? 	YES/NO
2. Identify and define the low-probability request. Consider task demands or activities that the student typically complies with on no more than 4 out of 10 opportunities. The student may respond to these requests with challenging behavior.	YES/NO
3. Identify several (5-7) high-probability requests. High-probability requests include requests that the student completes at least 8 out of 10 times the request is given.	YES/NO
Implementation:	
 4. Deliver three to five high-probability requests at a rapid pace and immediately provide reinforcement after the student completes each request (i.e., give praise). If the student does not comply with high-probability requests, identify and remove materials associated with the low-probability request. Deliver different high-probability requests. 	YES/NO
 Deliver the low-probability request immediately following the compliance to the series of high-probability requests. 	YES/NO
 Provide reinforcement when the student completes the low-probability request. Select a reinforcer for the student that is specific and brief, such as praise or a token. 	YES/NO
 If more than one adult presents the low-probability request(s) to the student, each adult should implement high-probability requesting to increase compliance. 	YES/NO
8. Over time, reduce the number of high-probability requests given from three to five to one.	YES/NO
9. Record data on student response to the low-probability request to monitor progress.	YES/NO
Responses/	Percentages of Yes

