

## Check in Check out (CICO) course Overview

00:00

next we have check-in checkout check-in

00:03

checkout is a systematic process for

00:05

students to receive adult attention

00:07

through increased feedback on their

00:09

behavior through the use of daily

00:11

progress reports this intervention is

00:13

most effective when the student engages

00:15

in target behaviors in order to gain

00:17

adult attention this intervention

00:20

consists of the student checking in with

00:22

an adult mentor at the start of the

00:24

school day to pick up their daily

00:26

behavior card and review behavior

00:28

expectations teachers provide feedback

00:31

to the student throughout the day and

00:32

fill out the daily card the student then

00:36

checks out with their adult mentor at

00:37

the end of the day to review the

00:39

behavior card and to receive their

00:41

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reward if the daily goal has been met

00:44

checking in and checking out are

00:46

scheduled times that the teacher has

00:48

built into the day to discuss behavior

00:50

and expectations these times should be

00:53

interactive positive and encouraging now

00:57

let's look at some of the benefits of

00:59

check-in checkout it provides structure

01:02

in a student's day the student has a

01:05

designated time period in the morning to

01:07

check in with their mentor the student

01:09

also has multiple opportunities across

01:12

the day to receive feedback from the

01:14

teachers as well as a final opportunity

01:16

at the end of the day to meet with their

01:19

mentor it creates accountability the

01:23

student must check in with their mentor

01:25

first thing in the morning the student

01:27

also has to remember to have the teacher

01:29

complete the daily form for each

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01:31

designated period while meeting with the

01:34

mentor the student must also discuss the

01:36

ratings and what occurred during

01:38

intervals where ratings were lower the

01:41

student may also discuss ways to improve

01:44

their behavior the following day it

01:47

provides feedback and adult support on a

01:49

daily basis check-in checkout gives the

01:53

student multiple opportunities to

01:55

receive feedback on their behavior

01:56

review behavior expectations throughout

01:59

the day and provides quality

02:01

interactions with a mentor and finally

02:04

it creates a stronger home-school

02:06

connection the parents receive daily

02:09

feedback on the students behavior via

02:12

the daily form

02:13

and they must sign the form for the

02:15

student to return to the school the next

02:17

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day

English (auto-generated)