

## Self Monitoring Transcript

00:08

hey Chloe hi

00:10

thanks for coming in during your

00:12

Study hall today how are you doing good

00:15

you're good okay well I've noticed the

00:18

last several weeks you've had some

00:19

trouble getting your math work done in

00:21

class like when it's independent work

00:23

time you seem to be really off task so I

00:27

really want to help you kind of get back

00:29

on task okay do you know what it means

00:31

to be on task to do I'm supposed to yes

00:35

so if I say get out your book and turn

00:37

to page 280 and do problems one

00:40

through ten what would that look like good job

00:56

exactly it would just be getting out

00:58

your materials and starting your work

01:00

okay well um we're gonna kind of we're

01:04

gonna look at a different intervention

01:05

that I think might help you stay on task

01:07

some okay it's called self monitoring and

01:11

it's gonna help you when to monitor

01:15

whether or not you're on task because

01:17

you're a really smart girl and I know

01:18

you can do this by yourself okay okay so

01:22

we're gonna practice first and then I'm

01:24

gonna show you how to use the form all

01:25

right so I'm going to show you what it

01:28

is to be on task and show some

01:29

examples about what it looks like to be

01:31

On task verses off task okay so you

01:34

tell me what you think this is all right

01:37

off that's off task

01:44

on task on task on task on task good job

01:50

Off task off task hey kids did you hear what happened at lunch off task off task

02:00

okay so you kind of get the idea what it

02:03