

0:00 Now let's talk about behavior contract  
0:02 this intervention which is useful for students of all ages  
0:06 is a written document between a teacher and a student  
0:10 which specifies expected behaviors, positive and negative consequences,  
0:14 and the time frame of the contract  
0:17 the behavior contract spells out in detail the expectations  
0:21 of the student and the teacher in the implementation of the plan  
0:25 it specifies the students behavioral obligations  
0:28 as well as the teacher's obligations  
0:30 the teacher and the student negotiate an agreement  
0:33 so each party receives some benefit or payoff  
0:37 the teacher benefits by improved student behavior  
0:40 and the student benefits by earning something based on that improved behavior  
0:44 students are often more motivated  
0:47 to abide by the terms of the behavior contract  
0:50 because of their involvement in the intervention  
0:52 the student has input related to the conditions established within the contract  
0:57 for earning preferred reinforcers  
1:00 it provides students with more one on one help, support, and intervention  
1:05 it holds students accountable  
1:08 behavior contracts have to hold students accountable for their own choices and  
behavior  
1:13 through this process, students have increased participation  
1:16 in their own intervention efforts which  
1:19 helps to promote self responsibility  
1:21 it provides structure, routine, consistency and organization  
1:26 it can be highly individualized for each student  
1:30 it can be used multiple times for different goals or behaviors  
1:34 remember, this intervention can only be used for skills that are already in the  
learner's repertoire  
1:40 it should not be used to teach a new skill but rather increase the use of an existing  
skill  
1:45 and it's an efficient, flexible and simple intervention tool to use